



Planning for Personal Development

Module Code N62906

Purpose The module is designed to enable learners to seek out development and training opportunities in a manner that allows them to be transferable in the work place. It emphasises the need for the learner to show initiative in responding to situations and events in a positive and focused manner

General Aims Learners who successfully complete this module will:

- ✓ seek to develop themselves in accessing training and skills programmes
- ✓ demonstrate initiative in making decisions
- ✓ demonstrate flexibility in work practices in order to meet customer expectations
- ✓ manage stress, conflict and setback in a positive manner, viewing such issues as a means to move ahead and progress.

The specific learning outcomes are grouped into 3 units.

Unit 1 **Personal Development**

Unit 2 **Working in Changing Environments**

Unit 3 **Stress Management**

Assessment All assessment is carried out in accordance with FETAC regulations. Assessment is devised by the internal assessor, with external moderation by FETAC.

Summary Learner Record 100%

